The

# Multi Activity Adventure Camp...

is a Melbourne Adventure Hub specialty.



PH: 1300 182 077

www.melbourneadventurehub.com.au



There are many camp options to fit within your budget, curriculum and timeframe. We can simply run day activities for you or organise the entire camp including catering, transport, night time activities, accommodation and equipment hire.

There are several camps we work with around Warrandyte, Wonga Park and the Yarra Valley. These locations are ideal as they allow students to do a huge variety of adventures all within a short period of time, offering excellent value for money. This is available for a single class up to entire year levels.



This camp is typically run between three and five days with four to ten activities in that time. It is very easy to swap different activities to fit your budget and learning outcomes. The activities available can include:

- White Water Kayaking
- Caving
- Abseiling
- Rock Climbing
- Obstacle Course
- River Sledding
- Leadership Skills

- River Skills
- Mountain Bike Riding
- Bush Survival
- Orienteering
- History hike or paddle
- Environmental hike or paddle
- Hike (including overnight hike)

<sup>\*</sup> Full program information sheets are available for each of these activities; please contact us to request them.



# sample camps for year 7-12

Here are a number of samples to give you some ideas of what is possible. Each camp can be customised to suit your requirements and budget. Year 7 -12 camp samples will have some slight variations on the activities and their challenge levels in order to cater to the specific student age.

#### year 7-8 suitability 3 day camp - example 1

This camp will suit year 7 and 8 with a limited budget. The example is for a full year level and it could also be run with one or two classes. Most of the activities are based on site at the camps.

Day 1	Class 1	Class 2	Class 3	Class 4	Class 5	
10am-1pm	Rock Climbing	Leadership Skills	Environmental Hike	Abseil Tower	River Skills	
1.45-4.45pm	River Skills	Rock Climbing	Leadership Skills Environmental Hike		Abseil Tower	
Day 2						
9am-12pm	Abseil Tower	River Skills	Rock Climbing	Leadership Skills	Environmental Hike	
1 –4pm	Environmental Hike	Abseil Tower	River Skills	Rock Climbing	Leadership Skills	
Day 3						
9am-12pm	Leadership Skills	Environmental Hike	Abseil Tower	River Skills	Rock Climbing	
1pm	Lunch, final goodbyes and drive back to school					

#### year 7-12 suitability 3 day camp - example 2

This camp would suit one or two classes with a limited budget

Day 1	Class 1	Class 2			
10am – 1pm	Both Groups arrive at camp at 10am. Set up tents, ice breaker games and obstacle course followed by lunch				
1pm – 4pm	White Water Kayaking White Water Kayaking				
Evening	Showers, dinner and camp fire				
Day 2					
9am – 12pm	Rock Climbing & Abseiling	Caving			
1pm – 4pm	Caving	Rock Climbing & Abseiling			
Evening	Showers, dinner and movie				
Day 3					
9am – 12pm	History Hike (can be run by MAH staff or school staff depending on budget)				
12pm – 3pm	Lunch, final goodbyes and drive back to school				

#### year 7-12 suitability 3 day camp - example 3

This camp would suit a larger group who have a bit more available in their budget. This example is for four classes, but could be run for up to six classes.

Day 1	Class 1	Class 2	Class 3	Class 4	
9am – 12pm	White Water Kayaking	Bush Survival	Caving	River Sled	
1pm – 4pm	Bush Survival	White Water Kayaking	River Sled	Caving	
Day 2					
9am – 12pm	Rock Climb / Abseil	River Skills	White Water Kayaking	Bush Survival	
1pm – 4pm	River Skills	Rock Climb / Abseil	Bush Survival	White Water Kayaking	
Day 3					
9am – 12pm	Caving	River Sled	Rock Climb / Abseil	River Skills	
1pm – 4pm	River Sled	Caving	River Skills	Rock Climb / Abseil	

#### year 7-12 suitability 5 day camp - example 4

This camp is suitable anywhere from one class to eight classes and includes a massive variety of half day adventures.

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Day 1	Class 1	Class 2	Class 3	Class 4	Class 5	Class 6	
10am – 1pm	Arrive at camp at 10am. Set up tents, ice breaker games and obstacle course followed by lunch						
1pm – 4pm	White Water Kayaking	Bush Survival	Rock Climb / Abseil	River Skills	Leadership Skills	Mountain Bike Riding	
Day 2							
9am – 12pm	River Sled	Caving	White Water Kayaking	Bush Survival	Rock Climb / Abseil	River Skills	
1pm – 4pm	Caving	River Sled	Bush Survival	White Water Kayaking	River Skills	Rock Climb / Abseil	
Day 3							
9am – 12pm	Leadership	Mountain Bike Riding	River Sled	Caving	White Water Kayaking	Bush Survival	
1pm – 4pm	Mountain Bike Riding	Leadership	Caving	River Sled	Bush Survival	White Water Kayaking	
Day 4							
9am – 12pm	Rock Climb / Abseil	River Skills	Leadership	Mountain Bike Riding	River Sled	Caving	
1pm – 4pm	River Skills	Rock Climb / Abseil	Mountain Bike Riding	Leadership	Caving	River Sled	
Day 5							
9am – 12pm	Bush Survival	White Water Kayaking	River Skills	Rock Climb / Abseil	Mountain Bike Riding	Leadership Skills	
1pm – 3pm	All classes meet back at camp, have lunch together, say final goodbyes and head back to school.						



#### what is included:

- Accommodation Camping or Bunk style accommodation available (includes group shelter, toilets, bathrooms)
- ✓ Qualified Outdoor Educators Melbourne Adventure Hub staff are all qualified professionals and highly experienced in all activities and have current First Aid, CPR and Working with Children Cards (WWCC). Staffing numbers are based on the correct ratios in accordance to the Australian Activity Standards (AAS)
- ✓ All activities listed
- ✓ All relevant activity specific personal gear and group equipment
- ✓ Hire of all specific activity venue sites
- ✓ Full Risk Management and Risk Assessment documentation
- ✓ Public Liability Insurance
- ✓ Emergency vehicles at each activity site
- Emergency communications at each activity site
- ✓ 1st Aid kits at each activity site (remote standard)

### optional inclusions:

- Camping Equipment
- Transport (to and from school as well as to all activity sites)
- ➤ Trailers to transport all personal camping equipment and clothing
- ➤ Catering (meals to be prepared at camp can include breakfast, lunch, dinner, snacks, drinks and supper)
- ➤ Night Activities for the students (options include; nature night hike, Sea Shepherd environmental presentation, free Conservation Hub talk.



# here is what a few of our clients had to say about our camps

"Thank you guys for such a well organised, fun and educational 3 days. I personally enjoyed it and I know my class loved the activities. I thought your instructors were fantastic. They related well to the boys and were clearly experts in their fields as well as fun. The caterers were excellent and the location beautiful and suitable for what we wanted.

I can't say enough about how well organised you have been. It has been really easy dealing with everyone at MAH whether by phone or email. We have always been in the loop which has made transferring that info to the kids and staff easy".

Glen Robertson Year 9 Phys Ed Coordinator Emmanuel College Approximately 200 students for 2016 & 2017; rebooked for November 2018

"My school has worked closely with the Melbourne Adventure Hub for a variety of programs and have found them to be an excellent company to work with, and one that I would highly recommend to anyone else. An example of this is their work with our whole school year 7 program around the Cape Otway area, ensuring all 160 students achieve a safe and rewarding experience. Melbourne Adventure Hub are extremely professional in their approach to delivering meaning and diverse programs for our school and work closely with staff to achieve all outcomes required".

Jeff Rieniets - Director of Outdoor Education - Westbourne Grammar School Approximately 160 students for 2016 & 2017; rebooked for December 2018

## contact us

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