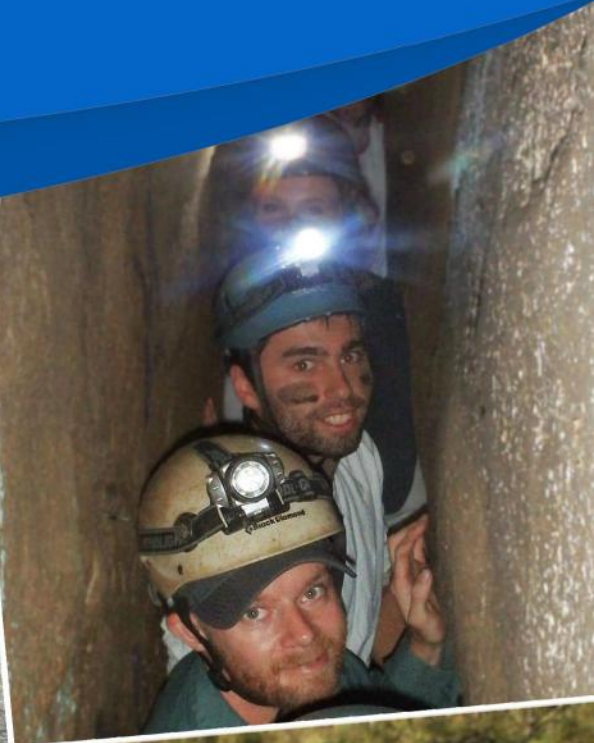


Outdoor Education

Programs For Schools



PH: 1300 182 077
www.melbourneadventurehub.com.au





about us

Melbourne Adventure Hub is passionate about getting students connected with our natural world. Helping them understand the issues facing the environment and what effect their choices are having, whilst having a fun adventure.

Our aim is to share the simple pleasures of life, which the world of nature affords through adventure challenges and self-discovery. Melbourne Adventure Hub prides itself in having a diverse team of passionate selfless guides and support staff to ensure safe and enjoyable adventures for school groups.

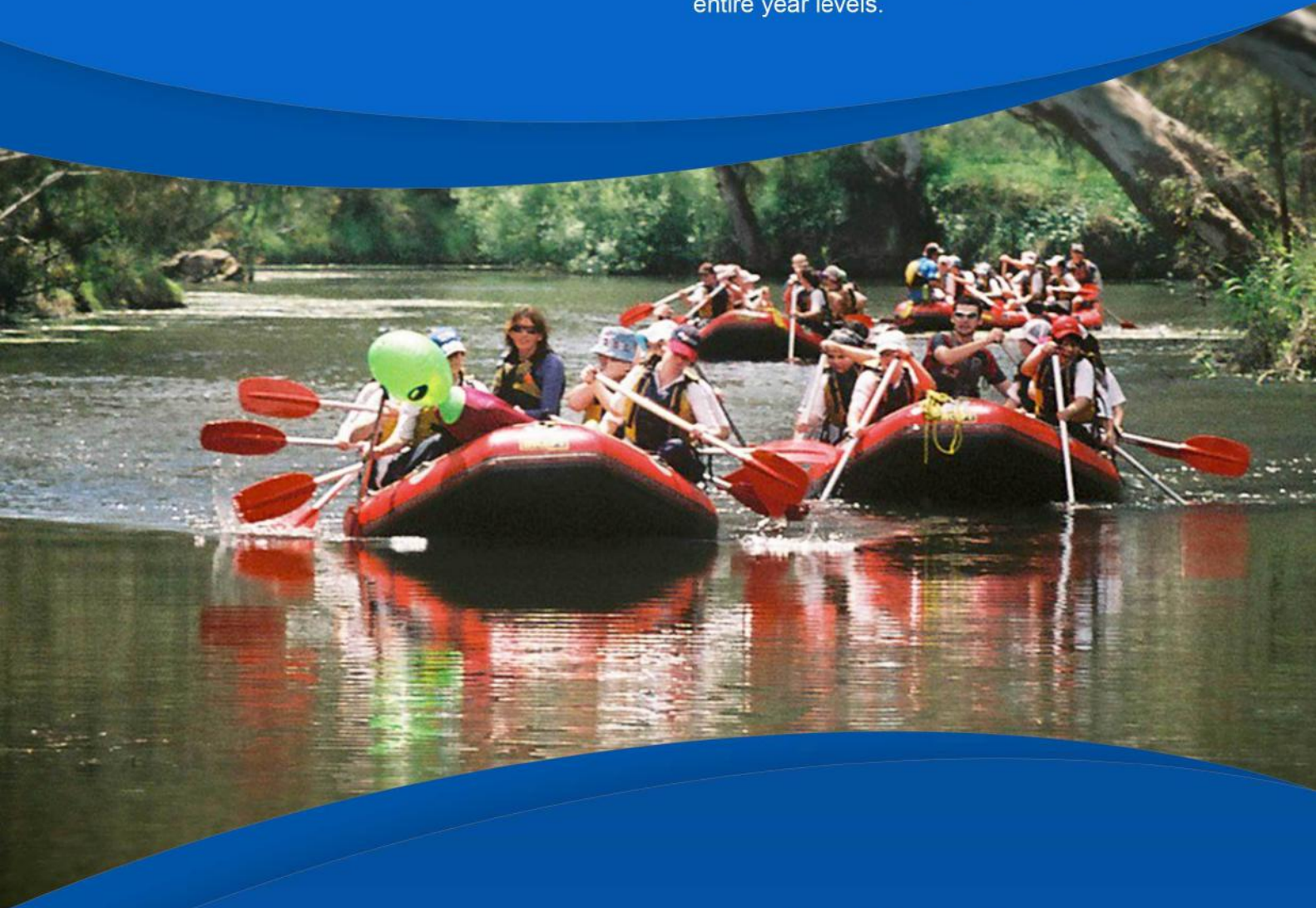
7 reasons to book with us

- ✓ You can count on a 100% safety record
- ✓ Most activities are located within 1 hour of Melbourne
- ✓ We will take the time to find out how this program fits within your curriculum in order to design a program that students get maximum learning experience from whilst remaining fully engaged in the pure joy of their experience
- ✓ You will have the choice of a huge range of adventures, also transport, catering and accommodation can be organised as part of the package
- ✓ Choose from a single activity day with time for exploration and further education or an action packed double activity adventure day or extend this to our signature multi activity adventure camps.
- ✓ The owner of MAH, Darren Collins, is extremely passionate and active within the environment and animal protection. He has travelled the world working with different groups to bring these values into MAH and the programs we run
- ✓ Conservation Hub is the partner offering free environmental and animal protection talks. This can be done in conjunction with one of our adventure tours or on its own.

multi activity adventure camp

There are many multi activity adventure camp options to fit within your budget, curriculum and timeframe. We can simply run day activities for you or organise the entire camp including catering, transport, night time activities, accommodation and equipment hire.

There are several camps we work with around Warrandyte, Wonga Park and the Yarra Valley. These locations are ideal as they allow students to do a huge variety of adventures all within a short period of time, offering excellent value for money. This is available for a single class up to entire year levels.



This camp is typically run between 3 and 5 days with 4 to 10 activities in that time. It is very easy to swap different activities to fit your budget and learning outcomes. The activities available can include:

- White Water Kayaking
- Caving
- Abseiling
- Rock Climbing
- Obstacle Course
- River Sledding
- Leadership Skills
- River Skills
- Mountain Bike Riding
- Bush Survival
- Orienteering
- History hike or paddle
- Environmental hike or paddle
- Hike (including overnight hike)

conservation hub

The team at Melbourne Adventure Hub are passionate about the environment and animal protection, which lead to the creation of Conservation Hub. Conservation Hub offers a range of free talks and a variety of programs to engage students in environmental and animal protection issues. These are available in conjunction with Melbourne Adventure Hub's outdoor programs or simply on their own.

There are a number of presentations available that are age appropriate, to help meet your curriculum outcomes. Some of the classes this is suitable for are Environmental studies, Outdoor Education, Sociology, Political Studies, Food Technology or simply for an entire year level bringing awareness to these issues. Presentations available are:

- **Animal Protection** – Focus on animal rights and issues facing animals around the world, such as factory farming, habitat destruction, animals used in entertainment & tourism as well as animal experiments.

- **Human Impacts on the Environment** – Focus on environmental impacts of animal agriculture, fishing, coral bleaching, plastic pollution and a discussion on energy production.
- **Social & Political studies** – How money & politics works, why we are taught to consume, and what effect this is having on the environment and animals. Included is a discussion on how change is going to come about and what the different groups are currently doing to help.
- **Primary School** – Focus on how important all animals are, not just the ones we find pretty, in keeping the food chain in balance & keeping the oceans and forests healthy. There is also a discussion on plastic pollution and how students can reduce plastic use.

There are also a number of other programs available either at your school or an offsite location:

- Beach, River, Park, School clean-ups
- Reduce plastic use and other waste in schools
- Tree planting
- Weed clearing
- Farm visits
- Visit shelters and animal rescue centres
- Day hikes
- Talks from indigenous elders

For more information please visit
www.conservationhub.com.au



adventure days

Melbourne Adventure Hub offers a range of Adventure Days which students will absolutely love, whilst giving them an appreciation for their natural world and learning valuable skills which are vital in teamwork and leadership. Please email or call us to get an information sheet on any of these Adventure Days.



White Water Kayaking - This is normally run on the Yarra River throughout Wonga Park, Warrandyte and Templestowe, which all have fantastic grade 1 & 2 beginner rapids. The craft that is used are two person inflatable kayaks because they are extremely safe, reliable and easy to control.

Caving - We get some of our best feedback from students after Caving. The most common site we use is Yarra Junction because it is very easy to access and we can take slightly bigger numbers there. It is also an extremely safe cave as there are a number of exits and entrances, whilst still being very challenging and tight in some parts. There are also other caves available upon request.

Rock Climbing - There are a number of locations we use for rock climbing including; Cathedral Ranges, Werribee Gorge, Brisbane Ranges, You Yangs and Warrandyte, all of which provide a challenging and rewarding experience for individuals as they achieve different levels of skill.

Abseiling - Similar to rock climbing there are a number of locations available for Abseiling including; Healesville, Cathedral Ranges, Werribee Gorge, Brisbane Ranges and Warrandyte. We also work with a number of camps and have access to their onsite Abseil Towers.



adventure days continued...

Orienteering - Run in a variety of locations in parks around Melbourne this activity is designed to keep students engaged in their teams whilst travelling around to various checkpoint stations on a set course. They will learn map reading skills, basic navigation using a compass and have a number of team challenges along the way and riddles to work out together.

River Sledding - Since its introduction in 2016 sledding has fast become one of the most requested adventures we offer. It is a huge amount of fun and is mostly run on the stunning upper Yarra River section of Warburton, as well as at a number of other locations around Victoria. These purpose built craft are perfectly designed for individuals to navigate their way down the small continuous rapids.

White Water Rafting - This is the ultimate adventure to get students out into nature, whilst having a fantastic time. We use the Big River, King River or Goulburn River as they are fairly close to Melbourne, while providing some fun rapids. The rafting season in Victoria is normally from July to November.

Leadership Skills - This program consists of a series of team initiative based activity stations that groups rotate through. It includes full activity briefing and debriefing discussions with groups as it has a strong emphasis on creating specific learning outcomes based on the student's needs.

educational days

Melbourne Adventure Hub specialises in education focused adventures. Our experiences challenge and empower students to learn about themselves and the environment in an interactive setting. Please email or call us to get an information sheet on any of these Educational Days.

River Skills – Will aid in helping to prepare young people for various outdoor recreation and water based activities they will likely encounter during their lives. River Skills focuses on situations that will confront the students during everyday life when exposed to the potential hazards associated with open water activities. They will learn partly on land and in the river how to read water, get into the right body position in moving water and how to perform self-rescues from a variety of potential water hazards whilst working individually and in teams. From this it will build confidence and resilience and teach students awareness of the dangers around moving water and how to take responsibility for their own personal safety through 'active learning' whilst performing a series of 'risk assessments' in a variety of situations.

Kayak & River Skills – If you want to give students a fun kayaking experience but have them take away some lifelong skills and knowledge as well, this is perfect for you. During the kayak journey will stop at certain rapids or other river features to discuss what risks they pose and how to avoid getting into trouble.

River Sledding & River Skills – Just like the program above, students will have a fun adventure and learn some valuable skills about river safety.

Bush Survival – Combine bush walking in a variety of great locations with a series of group initiative activities along the way. Students will learn more about their environment and how to measure and manage risk, as well as developing some basic 1st Aid skills and finishing up with some group bush cooking as they navigate their survival journey through the bush.

Paddle Through History – This program combines white water kayaking through Warrandyte which is an historical gold discovery site where students will get to learn and experience more than just an adventure activity; they will gain knowledge of the original purpose of these sites in relation to the gold rush era of Warrandyte and get to fully experience them up close and personal.

Walk Through History - This is a land based program set in the Warrandyte area where students will re-enact the gold rush era by visiting historical gold discovery sites, participating in some simple fossicking and gold panning, broadening their cultural awareness of Indigenous Australians, enjoy some basic bush cooking, and experience their natural bush environment whilst doing some wildlife spotting.

Melbourne City Kayak - The Yarra River is an important part of Melbourne history both for the Aboriginal culture and European settlers. Kayaking along the river, stopping at key historical spots and discussing the history of it is a great way for students to get involved. We will also discuss environmental issues facing the river and what students can do to help. We can also run this as a full day activity by combining it with a visit to the Koorie Heritage Trust at Federation Square for some educational programs which promote, support and celebrate the Aboriginal culture of South-Eastern Australia.

Low Ropes Obstacle Course – There are a number of camps to choose from with challenge obstacle courses to get students working together. This activity works well as a lead in to high ropes courses or rock climbing.

single activity days

We can run any of these activities over a full day. These are designed for schools with a heavier focus on educational outcomes, to allow more time for discussion and learning on our adventure.

Some of the benefits include:

- ▶ High focus on outdoor education during the activity
- ▶ Creates more opportunity for immersion in natural surroundings
- ▶ More time spent on environmental education
- ▶ Incorporates the history of an area with reference to early settlers and indigenous natives
- ▶ Travelling outside of peak traffic times
- ▶ More flexibility for schools to select time spent on activity





combination days

You may like the idea of our combination programs and choose to do two activities in a single day. These are designed for schools with more limited resources or who want straight up outdoor adventure experiences.

Here are a number of activities that work well together. Please email or call us to get an information sheet on any of these combination days.

Some of the benefits include:

- Overall better value for money for schools with a tight budget
 - One CRT cost
 - One bus cost
 - Less time students are out of school
 - Second activity at a highly reduced cost
-
- ROCK, RIVER RESCUE
 - KAYAK and CAVE
 - KAYAK, ROCK CLIMB and ABSEIL
 - RIVER SLED and CAVE
 - ROCK CLIMB and ABSEIL
 - RIVER SLED and RIVER SKILLS
 - BUSH SURVIVAL and CAVE

here is what a few of our clients had to say about our camps

“Thank you guys for such a well organised, fun and educational 3 days. I personally enjoyed it and I know my class loved the activities. I thought your instructors were fantastic. They related well to the boys and were clearly experts in their fields as well as fun. The caterers were excellent and the location beautiful and suitable for what we wanted.

I can't say enough about how well organised you have been. It has been really easy dealing with everyone at MAH whether by phone or email. We have always been in the loop which has made transferring that info to the kids and staff easy”.

Glen Robertson Year 9 Phys Ed Coordinator Emmanuel College
Approximately 200 students for 2016 & 2017; rebooked for November 2018

“My school has worked closely with the Melbourne Adventure Hub for a variety of programs and have found them to be an excellent company to work with, and one that I would highly recommend to anyone else. An example of this is their work with our whole school year 7 program around the Cape Otway area, ensuring all 160 students achieve a safe and rewarding experience. Melbourne Adventure Hub are extremely professional in their approach to delivering meaning and diverse programs for our school and work closely with staff to achieve all outcomes required”.

Jeff Rieniets - Director of Outdoor Education - Westbourne Grammar School
Approximately 160 students for 2016 & 2017; rebooked for December 2018



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